COMING EVENTS

Term 3 Week 2
Virtue – Diligence
School value – Success
PERMA - Achievement
Monday 29-7-13
*8:50 Assembly
*User Pays Guitar
*SAGK classes
Tuesday 30-7-13
*Kerry, our Christian Pastoral Support Worker (CPSW) is absent
*SAGK Year 7 kitchen
*Footsteps Dance
*Staff meeting
Wednesday 31-7-13
*Kerry absent
*ICAS English test
Thursday 2-5-13
*Kerry at school 9-4pm
*Piano
*Senior choir
Friday 3-5-13
*Kerry at school 9-4pm
*Assembly Year 3-4 hosts

Week 3
Virtue – Forgiveness
School value – Caring
PERMA - Relationships
Monday 5-8-13
*8:50 Assembly
*User Pays Guitar
*SAGK classes
Tuesday 6-8-13
*Kerry, our Christian Pastoral Support Worker (CPSW) is at school 9-4pm
*SAGK Year 7 kitchen
*Footsteps Dance
*Staff meeting
*AAS Soccer

Positive Accomplishments – the A in PERMA

One of the activities Janet and I did while we were away at the Positive Education T&D at Geelong Grammar School was to think of someone who had dramatically improved their performance and what they did that enabled them to improve. I thought of my youngest daughter and her swimming. Here is a brief description of her story:

Jacqueline is the youngest of our three daughters and as the youngest she was always competing against her two older sisters. A very determined individual but as genetics would dictate always on the slim side. Some would say scrawny!

When she turned five she started swimming lessons (her mother was a junior coach at Loxton Swimming Club) and not too much further down the track she started to swim in intra and inter club competitions.

As a skinny kid she struggled to compete successfully. Her style was OK but she just didn’t have the power to move herself quickly through the water. To make matters worse, her three best friends were swimmers who regularly won races and took home trophies and ribbons.

This is where Jacqueline’s determination and perseverance came in. She trained hard. Her skill level improved. She became physically stronger. While she didn’t always win her races she began to win a few and she loved the feeling associated with winning. This led to more hard work. Her desire was fuelled.

As parents we encouraged her efforts, not pushing but being there to pick her up when times were hard….and to drive her to training and competitions. As a seventeen year old she was named the State Country U17 Champion. She had won her battle.

Jacqueline was not born to win medals and ribbons but through hard work and a strong self belief she was able to achieve this. It wasn’t always easy. At times it was down right difficult and it required dedicated effort and practise. She displayed a “Growth Mindset”, a belief that her skills and abilities can be built over time and that the qualities she was seeking could be developed through effort.

Just like learning. Learning is meant to be difficult; if it comes too easily we probably aren’t learning.
Welcome to Maccy PS

Hudson, Ruby and Oliver, our three new Receptions started school on Monday in Mrs Paterakis’s class. We wish the three of them every success for their time with us. It’s hard to believe they have only been at school for 5 days. When I walked through the class the other day they were all working away as if they had been here forever.

Well done Melinda on the fabulous transition program you run. It obviously helps with the way the children seamlessly move into the school setting.

We also welcomed Marie Graham. Marie is replacing Mrs Bader while she is away on sick leave, recovering from an operation.

We welcomed Mrs K and Gail, our Finance Officer, back to school after they were away last term enjoying their respective Long Service Leaves.

Active After Schools

Our Term 3 activities are Soccer on Tuesday afternoons and Table Tennis on Wednesday afternoons. The sessions start in week 3. If you want your child to be involved see Fiona for a Registration Form.

Student Leaders for the 2nd Semester

Congratulations Luke and Cassidy, Archie and Charlotte and Charley and Chanel on being elected by your peers to represent your classes at Student Leaders’ meetings.

Footsteps Dance

On Tuesday, we started our Footsteps Dance lessons with Taytum. Taytum takes the children for 45 minutes a week, for five weeks, teaching them various dance steps and moves. At the end of the five week period the children will present a dance concert to the community in the gym. Keep Tuesday August 20th free as this is the night of our Footsteps Concert.

Whole School Term Theme
“Read Across the Universe” to tie in with this year’s Book Week theme. Report writing is our writing genre focus.

This fortnight’s Virtue is DILIGENCE

Diligence is working hard and doing your absolute best. You take special care by doing things step by step. Diligence helps you get things done with excellence and enthusiasm. Diligence leads to success. You are practising diligence when you:

- Pay careful attention to what you are doing
- Do things step by step
- Practise to the point of excellence
- Give your absolute best to whatever you do
- Work hard
- Don’t give up

I am diligent. I work hard. I work carefully. I can be trusted to do a good job.

As a virtue, diligence very closely relates to our school value of Success and Achievement in the PERMA acronym from positive psychology.

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<td>Eric Lions  Maddi Roe-McBeath</td>
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