Dear Families,

I would like to extend a very big thank you to those families who supported our school’s fundraising efforts at the recent opening of the Skate Space. (Mandy Bottroff, Rhiannon and Damien Brook, Jennie Fahey, Kirsty Gray, Alison Matthews and Aleah and Nick Sexton). It was a perfect day for the event and the food stall sold out!!!

Governing Council

Last Tuesday night, the AGM of the Governing Council was held. The following people were elected onto Council. Sylvia Clarke (Chairperson), Christie McBeath (Vice Chair), Amanda Matthews (Secretary) and Rhiannon Brook (Treasurer). The committee is made up of Stacy Guy, Brad McBeath, Neala Miles, Mandy Botroff (Parent Club rep.), Wally Bolt, Clare James, Aleah Sexton and Amy Wouters. Please remember that you do not have to be on the committee to attend meetings. Everyone is welcome.

Open Night

Thank you for making the time to come along last week, if you were able. Teachers were happy to meet with so many of you. We hope it was useful to you too.
We have been asked to promote the following workshops for parents in our school newsletters.

**Opportunities for parents/carers**

**FREE seminar – Toddlers and touch screens: what should I do?**

Touchscreens have become part of our everyday world. Parents are amazed at how quickly toddlers become adept in using them and how easily they hold a child’s attention. However, they are also unsure if it is safe for toddlers to use touchscreens regularly. Come and hear nationally recognised parenting speaker, author and researcher Dr Justin Coulson talk about:

- the pros and cons of the digital age for children 0 to 5 years
- how and when to introduce touchscreens and games
- how to manage electronic media use.

The event will be webcast to accommodate parents and carers who cannot attend in person.

**Date and time:** Tuesday 5 April, 7.00 to 9.00pm
**Venue:** City Rooms, Adelaide Convention Centre, North Terrace

Register online at [http://parentingsa.eventbrite.com.au](http://parentingsa.eventbrite.com.au) to attend, or to view the webcast.


**Contact:** Senior Health Promotion Officer, Parenting SA, Dorian Marsland-Smith, phone 8161 7159

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**FREE seminar – Children, teens and pornography: what every parent should know**

The online is filled with risks for children and families. Come and hear nationally recognised parenting speaker, author and researcher Dr Justin Coulson talk about:

- the alarming statistics regarding children’s access to online pornography
- the impact on boys and girls
- how parents can guide their child or teen.

The event will be webcast to accommodate parents and carers who cannot attend in person.

**Date and time:** Wednesday 6 April, 7.00 to 9.00pm
**Venue:** City Rooms, Adelaide Convention Centre, North Terrace

Register online at [http://parentingsa.eventbrite.com.au](http://parentingsa.eventbrite.com.au) to attend, or to view the webcast.


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**Character Strength - Kindness**

Kindness consists of giving your time and doing good deeds for others without expecting personal gain. Your strength of generosity means you find joy in the act of giving and helping others, whether or not you know them well.

**OSHC Update**

Our OSHC plan is now in the hands of the Project Officer in Adelaide. Let’s hope we have some planned dates soon.

Have a great weekend,
Regards, Lynne

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**Email:** Lynne.Noli92@schools.sa.edu.au
www.maccyps.sa.edu.au

**Mobile:** 0427 270 986
Vale Geraldine Jones

Geraldine was a wonderful supporter of the youth of Macclesfield and a great friend of the primary school. In 2012-2013 Geraldine served two years on the school’s Governing Council as a part of her role within the Macclesfield Community Association and proved to be a conduit between the two organisations. One of her greatest achievements in this role was to introduce our student leaders to officers of the Mt Barker Council to discuss the establishment of a skate park in Davenport Square. While this process was slow and at times painful the fruit of these early discussions can be seen today.

Geraldine also had a passion for the development of the Crystal Lake Campsite as a hub for local arts activities. Whenever an exhibition was held at Crystal Lake she ensured the school was informed and personally invited the staff and students to attend.

Geraldine passed away a couple of weeks ago and will be sadly missed. The school has lost a great friend and champion of children’s interests.

Email: Lynne.Noll@school.sa.edu.au
www.maccysps.sa.edu.au

The NAB AFL Auskick program makes learning to play AFL fun, safe and easy for school aged boys and girls. Through weekly coaching sessions they will learn the skills of the game in an exciting, social and safe environment.

Children will learn the fundamental motor skills vital for future physical activity and sport participation as well as learning how to interact with other children as part of a team in small group activities.

The program also provides a great opportunity for parents to interact with their kids through the activities, have the opportunity to make new friends, learn about the game and spend quality time with their children.

We will again be running Auskick at Macclesfield Football Club this year for primary school aged children. If you would like to join us, we will be beginning on **Wednesday 30th March at 4pm** at the Macclesfield football oval.

We will run for 10 weeks (excluding school holidays). Please contact Michael Woodcock (0457595951) or Aleah Sexton (0422169252) if you have further questions.


**Under 9’s modified team**

Macclesfield Football Club will be entering an under 9’s modified football team this year. This is a **non-contact** competition and gives our young footballers an opportunity to train and play a game each week either on a Friday night or Saturday morning, in a relaxed and supportive environment.

Boys and girls are welcome to join. We will begin training on the 30th March at 5pm. Under 9’s players are welcome to do both Auskick and under 9’s. Please see Charlie Erbland (0410743097) or Aleah Sexton (0422169252) to register or you have further questions.
Our class is in charge of the sustainability jobs around the school. We work in teams every Friday afternoon and use a rotational roster. We are learning about caring for the environment, sustainability and also how to work cooperatively in small groups.
Dear Parents and Caregivers,

This note is being sent home to remind you of how we can help everyone in our school community to be as healthy as possible and reduce spreading germs by keeping children at home if they are unwell or still recovering from a recent contagious illness.

Children who have suffered from vomiting, diarrhea, the flu, chest infections, chicken pox, whooping cough or other contagious conditions need to be kept at home until they are completely recovered.

We also have a child in our school who has cystic fibrosis. Cystic fibrosis is not contagious but is a genetic illness that causes a build-up of mucus in the lungs and pancreas, causing problems with both breathing and digestion. Common colds and other viruses can have more serious consequences for people with this condition, possibly resulting in several weeks in hospital. Continuous infections for a person with cystic fibrosis can cause scarring on the lungs and decrease their capacity to function. One important part of the daily medical regime that a person with cystic fibrosis needs to follow includes minimising the risk of catching infections from others.

<table>
<thead>
<tr>
<th>ILLNESS/VIRUS</th>
<th>CONTAGIOUS FOR...</th>
<th>STAY HOME WHEN...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza (Flu)</td>
<td>A person with the flu can transmit the virus one day before they even begin to show symptoms of the virus. They will continue to be contagious for 5 days after they develop the symptoms.</td>
<td>If your child has a high temperature. If your child has the flu, it is usually ok to send them back to school after 5 days.</td>
</tr>
<tr>
<td>Common cold viruses</td>
<td>The common cold is contagious between 24 hours before onset of symptoms until 5 days after onset.</td>
<td>If your child has green mucus.</td>
</tr>
<tr>
<td>Chicken pox</td>
<td>A person who has chicken pox is highly contagious and it can be passed on between 1 and 5 days before the person has shown signs of a rash. The person with chicken pox is contagious for 5 days after the onset of the rash until lesions crust over.</td>
<td>Keep at home until the sores have crusted over or the GP gives the all clear.</td>
</tr>
<tr>
<td>Whooping cough</td>
<td>A person with whooping cough can be infectious for up to 3 weeks after the onset of the cough. If antibiotics are taken the person will be infectious until 5 days after taking a 10 day course of antibiotics.</td>
<td>Keep at home until no longer infectious. Other members of the family may need to take antibiotics too.</td>
</tr>
<tr>
<td>Gastro</td>
<td>After exposure to the virus, a person can become sick within 18 to 72 hours. Most people feel better after a day or two, but are still contagious for at least 3 days. If a person has gastro they should not prepare food for 72 hours.</td>
<td>Keep your child at home for at least 24-48 hours after he/she has been affected by gastro.</td>
</tr>
</tbody>
</table>

It is impossible to avoid all infections, but by taking precautions we can lower the risk of catching and spreading them to each other and to particularly vulnerable classmates with conditions such as cystic fibrosis. We appreciate your support and cooperation.

Please contact me if you have any questions.

Kind regards